

Smart bites for bright minds

Weekly Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Chicken Pita Pocket	Cottage Pie	Roast Chicken Dinner	Ham and Mushroom Pizza	Fish Fingers
Vegetarian	Vegetable Chilli	Cheese and Onion Quiche	Quorn Roast	Cheese Pizza	Vegan Sausage Roll
Side Dishes	Rainbow Rice or Potato Wedges	Mash Potatoes	Mash Potatoes and Roast Potatoes	Pasta Salad or Potato Wedges	Chips or Waffles Fries
Vegetable Options	Roasted Vegetable Medley	Peas Green Beans	Broccoli Carrots	Sweetcorn Baked Beans	Mushy Peas Garden Peas
Pasta Option	Tomato Pasta	Mac and Cheese	Tomato Pasta	Creamy Mushroom Pasta	Tomato Pasta
Sandwich Bread Option	Pita Pockets	Bagel	Bread Cake	Wrap	Sliced Bread
Hot Pudding with Custard	Jam and Coconut Sponge	Bread and Butter Pudding	Sticky Orange Pudding	Pineapple Upside-Down Cake	Apple Crumble
Cold Pudding	Orange Drizzle Cake	Lemon Shortbread	Chocolate Brownie	Apple Flapjack	Cheese and Crackers

Fresh salad bar and bread available daily 🥗 Fresh sandwiches - ham, cheese or tuna mayo on the above bread and served with a side salad
 Fresh jacket potatoes - cheese, beans or tuna mayo served with a side salad 🥔 Daily pudding choices - jelly, fresh fruit or yogurt

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Weekly Menu

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Beef Lasagne	Chicken Curry	Sausage and Mash	Chicken and Sweetcorn Pizza	Battered Fish
Vegetarian	Veggie Burger	Vegetable Biryani	Vegetarian Cottage Pie	Meatless Feast Pizza	Quorn Dippers
Side Dishes	½ Jacket Potato or Sweet Potato Wedges	Rice or Potato Wedges	Mash Potatoes	Pasta Salad or Rainbow Rice	Chips or Potato Croquettes
Vegetable Options	Green Beans Broccoli	Indian Salad Spicy Sweetcorn and Cauliflower	Peas Carrots	Sweetcorn Coleslaw	Mushy Peas Garden Peas
Pasta Option	Tomato Pasta	Mac and Cheese	Tomato Pasta	Cheesy Broccoli Pasta	Tomato Pasta
Sandwich Bread Option	Pita	Bagel	Bread Cake	Wrap	Sliced Bread
Hot Pudding with Custard	Peach and Ginger	Rice Pudding with Jam or Chocolate sauce	Apple Sponge	Chocolate and Coconut Sponge	Banana and Custard
Cold Pudding	Chocolate Crunch	Strawberry Whip	Fruit Oaty Bar	Ginger Biscuits	Chocolate Bun

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 Fresh jacket potatoes - cheese, beans or tuna mayo served with a side salad 🥔 Daily pudding choices - jelly, fresh fruit or yogurt

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Weekly Menu

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Beef Burger	Chicken and Broccoli Pasta Bake	Roast Beef and Yorkshire Pudding	BBQ Chicken Pizza	Cod Goujons
Vegetarian	Cheesy Vegetable Pie	Vegan Bolognese	Vegetable Pastry	Veggie Supreme Pizza	Vegetable Fingers
Side Dishes	Potato Wedges or Mash Potatoes	Garlic and Herb Bread	Mash Potatoes and Roast Potatoes	Tomato Rice or Diced Potatoes	Chips or Sweet Potato Fries
Vegetable Options	Coleslaw BBQ Beans	Green Beans Peas	Cabbage Carrots	Cherry Tomato Salad Sweetcorn	Mushy Peas Garden Peas
Pasta Option	Tomato Pasta	Pesto Pasta	Tomato Pasta	Cauliflower Mac and Cheese	Tomato Pasta
Sandwich Bread Option	Pita	Bagel	Bread Cake	Wrap	Sliced Bread
Hot Pudding with Custard	Marble Cake	Raspberry Ripple Cake	Peach Cobbler	Banana Loaf	Lemon Sponge
Cold Pudding	Oaty Biscuits	Chocolate Chip Cookie	Lemon Drizzle Cake	Shortbread	Melting Moments

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 Fresh jacket potatoes - cheese, beans or tuna mayo served with a side salad 🥔 Daily pudding choices - jelly, fresh fruit or yogurt