










# Spring Summer Menu – Week One



V15523

WEEK ONE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN</b>	<b>Cheese &amp; Tomato Pizza, Herby Diced Potatoes</b> 	<b>Italian Chicken &amp; Mixed Rice</b> 	<b>Traditional Toad in the Hole &amp; Mashed Potatoes</b>	<b>Spaghetti served with Beef Bolognese</b>	<b>Fish Fingers, Chips</b>
<b>VEGETARIAN</b>	<b>Jacket Wedges with Baked Beans or Cheese</b>	<b>Beany Tomato Ragu &amp; Fluffy Cous Cous</b> 	<b>Quorn Roast Vegetable Sausage, Mashed Potatoes &amp; Gravy</b>	<b>Vegetable Sausage Pasta Bake</b> 	<b>Cheesy Pea Pasta</b>
<b>VEGETABLES</b>	<b>Carrot &amp; Cucumber Mixed Vegetables</b> 	<b>Garden Peas Carrots</b> 	<b>Cauliflower Seasonal Greens</b> 	<b>Green Beans Sweetcorn</b> 	<b>Baked Beans Peas</b> 
<b>SANDWICHES, JACKETS,</b>	<b>Freshly Made Sandwich</b> with Cheddar, Tuna Mayonnaise or Ham <b>Freshly Baked Jacket Potato</b> with Tuna & Mayonnaise, Grated Cheese or Baked Beans				
<b>DESSERT</b>	<b>Oat &amp; Raisin Cookie</b>	<b>Chocolate Sponge with Chocolate Sauce</b>	<b>Ice Cream</b>	<b>Vanilla Blondie</b>	<b>Strawberry Muffin</b>

Available Daily: Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 
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**Our desserts meet Public Health England's target for 'free sugar' intake for your child.**

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.





# Spring Summer Menu – Week Two

WEEK TWO	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN</b>	Rainbow Pizza, Herby Diced Potatoes 	Chicken & Sweetcorn Meatballs, Tomato Sauce & Pasta	Roast Chicken, Roast Potatoes & Gravy	Chicken Tikka Curry & Mixed Rice 	Fish Fingers, Chips
<b>VEGETARIAN</b>	Jacket Wedges with Baked Beans or Cheese	Veggie Burger & Potato Wedges	Vegetable Sausage, Roast Potatoes & Gravy	Cheese & Onion Pastry Roll & Potato Wedges 	Margherita Macaroni 
<b>VEGETABLES</b>	Sweetcorn, Peas 	Green Beans Cauliflower 	Carrots Savoy Cabbage 	Mixed Vegetables Salad 	Baked Beans Peas 
<b>SANDWICHES, JACKETS,</b>	<b>Freshly Made Sandwich with</b> Cheddar, Tuna Mayonnaise or Ham <b>Freshly Baked Jacket Potato with</b> Tuna & Mayonnaise, Grated Cheese or Baked Beans				
<b>DESSERT</b>	Flapjack Finger	Chocolate & Banana Muffin 	Jelly & Mandarins 	Fruity Jam Bun & Custard	Chocolate Ice Cream

Available Daily: Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 
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# Spring Summer Menu – Week Three



WEEK THREE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN</b>	<b>Cheese &amp; Tomato Pizza &amp; Herby Diced Potatoes</b> 	<b>Pork Hot Dog &amp; Baked Potato Wedges</b>	<b>Savoury Mince in Yorkshire Pudding &amp; Mashed Potatoes</b>	<b>BBQ Chicken, Vegetable Burrito &amp; Mixed Rice</b> 	<b>Fish Fingers, Chips</b>
<b>VEGETARIAN</b>	<b>Jacket Wedges with Baked Beans or Cheese</b>	<b>Veggie Mince Pasta Bake</b> 	<b>Vegetable Sausage, Mashed Potatoes &amp; Gravy</b>	<b>Cheese &amp; Onion Quiche &amp; Diced Potatoes</b>	<b>Macaroni Cheese</b>
<b>VEGETABLES</b>	<b>Mixed Vegetables Salad</b> 	<b>Peas, Sweetcorn</b> 	<b>Spring Greens Cauliflower</b> 	<b>Green Beans Carrots</b> 	<b>Baked Beans Garden Peas</b> 
<b>SANDWICHES, JACKETS,</b>	<b>Freshly Made Sandwich with</b> Cheddar, Tuna Mayonnaise or Ham <b>Freshly Baked Jacket Potato with</b> Tuna & Mayonnaise, Grated Cheese or Baked Beans				
<b>DESSERT</b>	<b>Chocolate Shortbread Biscuit</b>	<b>Fruity Flapjack with Banana</b> 	<b>Oat Crunch Biscuit</b>	<b>Apple Sponge &amp; Custard</b> 	<b>Chocolate Cornflake Cake</b>

Available Daily: Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 
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