

Dear Parents/Carer,

Lent is traditionally a time where people give something up but this year at Rawmarsh Sandhill we are hoping to do Lent with a difference! In partnership with the RE team and thousands of people across the UK we are hoping to take part in the 40 Acts challenge where we give something back instead of giving something up through carrying out small acts of kindness and generosity using the challenge board. Each day for 40 days (starting on the 6th March but not including Sundays) there is a daily challenge for your child. Some challenges can be completed at home and some at school.

Day 1 - Weds 6th March Write or draw 10 things you are grateful for. 5 things for EYFS and KS1 children.	Day 2 - Thurs 7th March Sit next to someone you don't normally sit with at lunchtime.	Day 3 - Fri 8th March Challenge yourself to make your work the best it can be.	Day 4 - Sat 9th March Let people go ahead of you all day	Day 5 - Mon 11th March Offer to help someone with a task.	Day 6 - Tues 12th March Start a scrap paper pile for drawing paper to save paper.	Day 7 - Weds 13th March Leave an encouraging note for someone.	Day 8 - Thurs 14th March Make sure you hang your coat up to keep the cloakroom tidy.
Day 9 - Fri 15th March Write a thank you note to the lunchtime or reception staff.	Day 10 - Sat 16th March Keep your bedroom as clean and tidy as you can.	Day 11 - Mon 18th March Walk to school or park the car further away.	Day 12 - Tues 19th March Make sure you put your litter in the bin.	Day 13 - Weds 20th March Ask a grown up about their day on your way home or at teatime.	Day 14 - Thurs 21st March Find out the names of three people you haven't met before at school.	Day 15 - Fri 22nd March Bring in a donation for the local foodbank from your cupboard at home.	Day 16 - Sat 23rd March Remember to use your manners to say please and thank you.
Day 17 - Mon 25th March Say thank you to your teacher for teaching you.	Day 18 - Tues 26th March Congratulate others when they do well.	Day 19 - Weds 27th March Help return lost property to the right owner.	Day 20 - Thurs 28th March Leave the classroom as clean and tidy as you can.	Day 21 - Fri 29th March Leave your grown up a surprise note or picture before you leave for school.	Day 22 - Sat 30th March Give someone a compliment.	Day 23 - Mon 1st April Try to find out what life is like for children in a poorer country.	Day 24 - Tues 2nd April Be the first to say sorry.
Day 25 - Weds 3rd April Be brave at trying something you find hard.	Day 26 - Thurs 4th April Hold the door open for somebody.	Day 27 - Fri 5th April Say a nice thing about somebody to somebody else.	Day 28 - Sat 6th April Save energy by turning off the lights when you leave a room.	Day 29 - Mon 8th April Play with a child from another year group.	Day 30 - Tues 9th April Find out about how your class could help a local charity.	Day 31 - Weds 10th April Don't interrupt, listen carefully.	Day 32 - Thurs 11th April Invite someone new to join in a game.
Day 33 - Fri 12th April Say thank you to someone in your class.	Day 34 - Sat 13th April Try avoiding using any plastic that you throw in the bin, like straws.	Day 35 - Mon 15th April Offer to help your grown up with a task.	Day 36 - Tues 16th April Find out something new about somebody.	Day 37 - Weds 17th April Give someone a nice surprise.	Day 38 - Thurs 18th April Follow instructions without complaining.	Day 39 - Fri 19th April Play a game or read with your grown up.	Day 40 - Sat 20th April  Competition time  Design and make a poster about your school values.

One of the daily challenges is to support a local foodbank. We have decided to support the food bank at Rawmarsh Salvation Army. A box will be located in the hall during the challenge for children to bring in any tins or packets of food you can spare. This will be collected by the RE team and taken to the foodbank at the end of the challenge.

The Foodbank in Rawmarsh is located at the Salvation Army. It is run on a referral system from local GPs, social services etc. They are happy to help anyone who is in need. Sometimes a person's benefit payments are interrupted for a variety of reasons and they have no money for food. Others have family challenges that mean there is no food in the house.

Foodbank is there to help in any and all crisis situations. It is part of the Borough-wide, Food For People In Crisis Partnership.